

Gaithersburg Youth Center at Robertson Park



RPYC Rock Climbing Wall Rules and Regulations

Please read before signing.

1) Do not climb unless a GYC staff member is present AND you have read and signed a waiver.

- » Climbing Wall usage is limited to GYC members and staff.
- » Climbing is limited to ages 10 and up. *Check weight limits of harnesses.*
- » ALL climbers must sign up to participate in any climbing activities.
- » No one may climb the wall (meaning be on the wall in any way) without either two spotters or a belayer AND a staff member present.
- » Climbing and all associated activities are inherently dangerous. Participants must assume the risks of climbing. Please refer to waiver on reverse of this form for further information on the risks and dangers of climbing.

_____ (Initial)

2) Your gear (harness, helmet, shoes) must be checked by a staff person before every climb.

- » RPYC staff reserve the right to check harnesses, knots, safety systems, etc. at any time.
- » While this is not required, please consider that shorts of appropriate (mid-thigh) length for males AND females will not only make participant feel more comfortable, but will prevent the harness from chaffing the skin. Also be aware that denim is not the most flexible fabric to wear.
- » Climbers must wear climbing shoes when on the climbing wall (unless there are no climbing shoes in their size in which case they may wear closed-toed sneakers).
- » Climbers must remove their climbing shoes prior to leaving the Rock Climbing Area so as to not mark up the hallway floors.
- » Everyone must take responsibility for equipment they have used: gear should be returned to its proper place: harnesses (folded), shoes (tied together), and helmets should be returned to proper storage.

_____ (Initial)

3) Learn commands and use them ... communication is key!

- » Report loose holds, worn ropes, and anything else you believe to be a safety hazard to RPYC staff.

_____ (Initial)

4) Please remain outside the climbing area until it is your turn.

- » Grabbing hold of any auto belay devices, lighting fixtures or structural members of the building is prohibited.
- » Bouldering (un-roped climbing) is permitted at RPYC Climbing Wall no higher than 10 feet (head height). While bouldering it is the responsibility of the climber to be properly spotted by an individual on the ground.
- » All equipment must be treated with respect: never step on ropes or drop helmets. Climbers may not bang their heads together while wearing their helmets; this quickly leads to the destruction of the helmet's protective capability.
- » Food or drinks cannot be brought into the rock climbing area.

_____ (Initial)

5) Our staff is trained! For your safety, follow their instructions.

- » Any person deemed by the Management to be behaving in an unsafe or disorderly fashion will be asked to leave the facility. RPYC staff reserves the right to revoke climbing privileges at any time.

_____ (Initial)

I have read, understand, and acknowledge all of the above rules and regulations. I agree to comply with ALL RPYC rules, both written and as stated to me by RPYC staff, during my participation in Climbing activities.

Participant's Printed Name: _____

Participant Signature: _____

Date: _____

Participant or Parent/Guardian's Printed Name (if under 18): _____

Parent/Guardian Signature: _____

Date: _____